

JANUARY NEWSLETTER

2025

Welcome to 2025!

Hard to believe we're already starting week 2 of January. We enjoyed hearing about our students' holiday break last week! We trust you all had some lovely times with your family and friends. On behalf of TJES, we'd like to send you best wishes for 2025.

We are so proud of Mme Jessica for being named Canadian Parents for French's Educator of the Year! Mme Jessica received her award in December. Congratulations Mme Jessica!



In December, thanks to your generous contributions, TJES was able to donate many boxes of food donations to those in need.

East Coast Carollers put on quite the show the last Friday of December. Students and staff enjoyed them!



Dates to remember

- January 3 - First Day for Students
- January 4 - National Ribbon Skirt Day
- January 22 - TESP meeting 6:30pm
- January 27 - Family Literacy Day/International Holocaust Remembrance Day
- Tuesday, January 28th - SAC meeting (virtual)
- January 29- Lunar New Year
- Feb 4 - Primary French Immersion Parent Meeting 6:00pm

January is LITERACY MONTH

What is family literacy? Family Literacy Day takes place every January 27th to raise awareness about the importance of reading and engaging in other literacy-related activities as a family. Family literacy refers to the ways families develop and use literacy skills: reading a book at bedtime, playing word games, writing an email or letter to a relative or friend, making a shopping list or using a recipe.

This year's theme is "Learn to be Green, Together!" Make a pledge as a family to learn ways to be greener. Use less electricity, commute together, and reuse items. Being green together is a fun way to learn as a family while being kind to the environment.

Family literacy and school success: Research shows children who engage in early literacy activities at home are better prepared for school and achieve at higher rates than children who do not. Having a parent read aloud helps children learn listening, vocabulary and language skills, and develop imagination and creativity.



Well-Being Focus

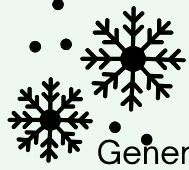
As part of our Student Success Plan we have been focusing on Student Well-Being. While surveying our students we realized that some are not comfortable sharing their feelings at school. We are now incorporating identifying feelings as part of our regular routine on the announcements and in classrooms. The feelings covered so far have been: love, confidence, peaceful, happiness. Feel free to ask your child if they can explain these feelings.

TESPA Corner



TESPA had a successful Green Christmas in December thanks to all of your donations and volunteering. This month, TESPA will be meeting on January 22nd at 6:30 in the Sr building cafeteria. All are welcome to attend.

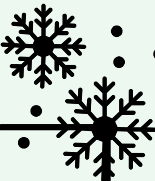




A Canadian Winter

Generally speaking, when the temperature reaches -15C or below we assess the appropriateness of sending children outside. We also consider wind chill factors. Wind chill is the cooling sensation caused by the combined effect of temperature and wind. Environment Canada advises there is an “increased risk” of frostbite and hypothermia with a wind chill below -27C. School administration consults the Environment Canada weather website frequently and uses the guiding principles in The Wind Chill Protocol when determining whether or not students should be outside on a given day. We also consider the length of time students will be outside, their activity level (heat generation), and exposure to wind and sun (the sun does have a warming affect, even during the winter months). Whenever possible we do like to see our students being given the opportunity to socialize with friends, rather than being confined to their classrooms for extended periods of time. Student safety, health and well- being are always paramount. Parents are encouraged to dress their children appropriately for the weather and possible outdoor play, just as they would at home. Dressing in layers is always helpful along with extra hats and mittens.

The following chart is based on guidelines from Environment Canada. Keep in mind that the guidelines were developed for healthy adults; young children may be more sensitive to the cold.



If the wind chill is...	then...
0°C to -20°C	take care in deciding whether it is appropriate to send students outside (see the factors listed above)
-21°C to -27°C	seriously consider whether it is appropriate to send students outside
below -27°C	do not send students outside



Winter Gear and Extra Clothing

We go outside in most weather. Many students enjoy playing on the field, which can get quite muddy with the damp weather. Having winter coats, snow pants, mittens/gloves, hats is important during our NS winter. Please ensure all students have extra clothing in their backpacks. With the wet weather now here, students often require their clothes to be changed throughout the day. An extra set of clothing will prevent us from needing to contact families when changing is needed. Our collection of extra clothing has been greatly depleted this fall.



French Immersion Primary Information Session - Feb 4th @ 6pm

If you have a child starting primary Sept 2025 and would like to know more information on the French Immersion program please join us on Feb 4th for an in person meeting.